



Cones are to make a half circle with MIF standing in the center of it. This drill works footwork, reading bat off ball and our routes! Each cone demonstrates the route and type of glove presence needed. In the end, we want infielders to be reactionary infielders to make plays and take care of the ball.... Period!! This can be done with/without ball, rolling or hitting baseballs.

9 - Deep backhand in the hole: this is the “crossover” backhand where we get the glove foot to ball first and then go with either a “right/left” pattern to throw, or a “Jeter” jump throw.

8- Inside backhand: this is the “v cut” backhand where we can get behind and work through. Throwing foot surrounds ball while we get our glove foot to work towards our target. Normally we can get a shuffle before we throw. Otherwise we can load up on the right foot and work downhill.

7- Slower roller backside: running on the right side of the ball or a backhand on the run!

6- Ball at fielder OR slow roller “do or die” - get around ball and work through (if at us) or run at it and field on glove foot and throw on right (slow roller)

5- Slow roller glove side: we are cutting this ball down towards our target and either setting feet (average/slow runner) or we are keeping our shoulders in line on run for throw towards target

4- Ball glove-side medium speed: cutting ball off in front of eyes in the hole and getting hips and shoulders turned inside towards target

3- Deep glove-side fast speed: not quite diving, but this ball is caught “behind” eyes. This prompts a gloveside (outside) turn towards target with momentum working downhill